



# THE ZION VISITOR

*March— 2023*

**Pastor John Marboe**

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**“Called by God’s grace to celebrate and share  
the love of God in our neighborhood.”**

**—Zion’s Mission Statement**



**ZION LUTHERAN CHURCH**

**1697 LAFOND AVE**

**ST PAUL MN 55104**

Dear Friends,

We are created for community. This is the meaning of the creation stories in Genesis. This is what Jesus taught. This is what the Apostle Paul taught with the image of “body of Christ.” We are many. We are one. This is hard to do. Yet the most natural thing in the world.



We do. And we do. Gradually our thinking about ourselves begins to yield to this truth: that we are one. In the practice of serving neighbors we are serving our very selves. For there is no real distinction. When we love, it is not a transaction—me to you or you to me. We are IN love together. We are participants together in the Spirit of our origin, our existence.

This is why we do what we do. We serve and give, only to receive more than we give—to paraphrase Jesus. More blessed to give than to receive. He knew.

It is a dance we are all invited to.

We have begun to speak of Zion as more than a church (although “church” is a wonderful word, meaning “gathering”). “Church” has come to mean something, well, churchy. That’s too bad. So, in the spirit of the original meaning of “church,” I want to suggest that we begin to think of our place as a “community house.” Zion Lutheran Church is founding member of this Community House, but not it’s sole owner. We have many members, and many owners. They consist of all who “gather” (the meaning of church) here. All who are called by the Spirit to serve, to love, to give, to grow, to create community. There is no formal membership, only participation. There is no qualification, only willingness. We are here to serve (and thereby be served) according to the marvelous little mission statement of Zion: Called by God’s Grace to Share God’s Love in the Neighborhood. Pretty darn good, and profound.

**Hey! Take a moment, and Come To The Quiet during Lent. Wednesdays 6-6.50pm. Gather. Hear some words. Calm your soul. Create with some painting, if you like. Move. Flow. Recover your appreciation and connection with simply being. Be in music. Be.**





**Sunday services will continue in-person and via Zoom: 10:00 a.m.**

Any with health concerns please stay home and join us remotely as able.



Thank you to Tom and Mira Kehoe, Ron Evaniuk (cellist),  
for the beautiful music they bring to our service each Sunday.

Thank you to Walter Wietzke for his preaching on February 12th.

***Recordings of our Sunday worship services are available on-line***

***Zion's website: [www.zlcmidway.org](http://www.zlcmidway.org)***

### **Donation Options:**

- Mail-in to church: (Zion Lutheran Church, 1697 Lafond Ave., St. Paul, MN 55104)
- In person: during worship; or through the courtyard door mailslot
- Automatic bill pay from your bank using Zion's mailing address
- Donate button on Zion's webpage (3% fee for service)

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# EVERYONE IS WELCOME AT ZION'S FOOD AND WELLNESS PROGRAM

**On Thursdays, Zion distributes food for our neighbors and friends.**

*Please come between 1 and 3 p.m. to get your free bag of groceries and a lunch to take home.*



***Zion needs volunteers between 9:30 am to Noon and from 1—3 pm. Please help us out anyway you can!***

## Enneagram

Each week Zion offers a small group experience to explore the transformative possibilities of the Enneagram. The Enneagram is a method to explore one's own unique personality in relationship to others and to life itself. The basic idea is to reflect on our lives in light of nine ("ennea" in Greek) personality types (with infinite variations of course), as a lens to understand ourselves better and to grow. We meet via Zoom using the same meeting ID as our Sunday gatherings. Feel free to ask Pastor John, Janet Quarn, Phoebe Waugh, or Marlin Osthus for more details.

**Thursdays 11:15 a.m. to 12:15 p.m.**

**Circle Bible study on**

**March 6th and on March 27th @ 1 pm**



Meeting will be via Zoom

6 pm on Tuesday,

March 21st



## Spring forward

Don't forget to set  
clocks ahead  
one hour  
at 2 a.m.  
Sunday.



**March 12th**

**“Called by God’s grace to celebrate and share the love of God in our neighborhood.”**

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March 5th — Charlotte Marboe

March 6th — Adam Luchsinger

March 8th — Emma Luchsinger

March 11 — Jim Nieszner

March 18th — Chuck Pelton

March 26th — Sara Hunter

March 26th — Tom Nieszner

March 29th — Tom Mathison

***Zion's Anniversary: 133 years***

Income - \$8,825.16

Bills paid - \$10,387.50

**FINANCIAL  
REPORT**

Although February is a short month it tends to be an expensive one with winter utility bill and insurance payment.

Thanks to all who support Zion. We have always been generous to those in need and during this Lent season we will have an extra offering plate out to collect for the Lutheran World Relief effort for the earthquake victims in Turkey. We will do an extra Easter collection for Ukraine.

Treasurer,  
Janet Quarn

# Scripture Readings

March 5th — Second Sunday in Lent

Genesis 12:1-4a

Psalms 121 (1,2)

Romans 4:1-5, 13-17

John 3:1-17

March 12th — Third Sunday in Lent

Exodus 17:1-7

Psalms 95 (1)

Romans 5:1-11

John 4:5-42

March 19th — Fourth Sunday in Lent

1 Samuel 16:1-13

Psalms 23 (5)

Ephesians 5:8-14

John 9:1-41

March 26th — Fifth Sunday in Lent

Ezekiel 37:1-14

Psalms 130 (5)

Romans 8:6-11

John 11:1-45





## **Eureka Compass Vegan Food Community Meals**

**Zion Lutheran Church Food & Wellness Program**

*"Pay what you want/can" ~ no one turned away.*

Half of all contributions are shared with the Zion Lutheran Thursday Food & Wellness Program.

**Second Tuesdays 11am - 7pm**

**March 14th, 2023**

### **Zion Lutheran Church**

1697 Lafond Avenue  
St. Paul, MN 55104

As of January, Community Dinners raised over \$6,500.00 for Zion's Food and Wellness Program!

Funds donated to the All Vegan Open Market evening support Zion's operating expenses.

Colin Anderson, Eureka Compass Vegan Food

#### **To preorder:**



- Send an email to [eurekacompassveganfood@gmail.com](mailto:eurekacompassveganfood@gmail.com) with number of meals and window of time for pick up.
- Cash and Venmo accepted at time of pick up.
- Credit card? Pay electronically with an email prompt.
- Walk-ins welcomed!

**Learn more about the Open Market Program and becoming a sustaining patron:**

[https://www.patreon.com/TheCollectiveCommunityDinner?fan\\_landing=true&view\\_as=public](https://www.patreon.com/TheCollectiveCommunityDinner?fan_landing=true&view_as=public)



# 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b>  <b>6-6:50 pm—</b> <b>Living</b> <b>Presence</b>	<b>2</b>  11:15 a.m. — Enneagram via Zoom 1-3 p.m. — Food and Well- ness Program 5—8 pm — Open Market/ Community Meal	<b>3</b>	<b>4</b>
<b>5</b> 10:00 am Zion's Worship and on Zoom 11:30 am -2 pm— Unique 7000 Worship	<b>6</b> <b>1-3 pm —</b> <b>Circle Bible</b> <b>Study</b>	<b>7</b> 9 am—5 pm— Prevail 9:30 a.m. — Quilting 10 a.m.-Noon— Upkeepers	<b>8</b> <b>6-6:50 pm—</b> <b>Living</b> <b>Presence</b>	<b>9</b> 11:15 a.m. — Enneagram via Zoom 1-3 p.m. — Food and Well- ness Program	<b>10</b>	<b>11</b>
<b>12</b> <i>Spring Forward!</i>  10:00 am Zion's Worship and on Zoom 11:30 am -2 pm— Unique 7000 Worship	<b>13</b>	<b>14</b> 9 am—5 pm— Prevail 9:30 a.m. — Quilting 10 a.m.-Noon— Upkeepers 11 am—7 pm — Community Meal	<b>15</b> <b>6-6:50 pm—</b> <b>Living</b> <b>Presence</b>	<b>16</b> 11:15 a.m. — Enneagram via Zoom 1-3 p.m. — Food and Well- ness Program	<b>17</b>	<b>18</b>
<b>19</b> 10:00 am Zion's Worship and on Zoom 11:30 am -2 pm— Unique 7000 Worship	<b>20</b> 	<b>21</b> 9 am—5 pm— Prevail 9:30 a.m. — Quilting 10 a.m.-Noon— Upkeepers 6 pm — Church council meeting	<b>22</b> <b>6-6:50 pm—</b> <b>Living</b> <b>Presence</b>	<b>23</b> 11:15 a.m. — Enneagram via Zoom 1-3 p.m. — Food and Well- ness Program	<b>24</b>	<b>25</b>
<b>26</b> 10:00 am Zion's Worship and on Zoom 11:30 am -2 pm— Unique 7000 Worship	<b>27</b> <b>1-3 pm —</b> <b>Circle Bible</b> <b>Study</b>	<b>28</b> 9 am—5 pm—Prevail 9:30 a.m. — Quilting 10 a.m.-Noon— Upkeepers	<b>29</b> <b>6-8 pm—</b> <b>Darkness into</b> <b>Light</b>	<b>30</b> 11:15 a.m. — Enneagram via Zoom 1-3 p.m. — Food and Well- ness Program	<b>31</b>	

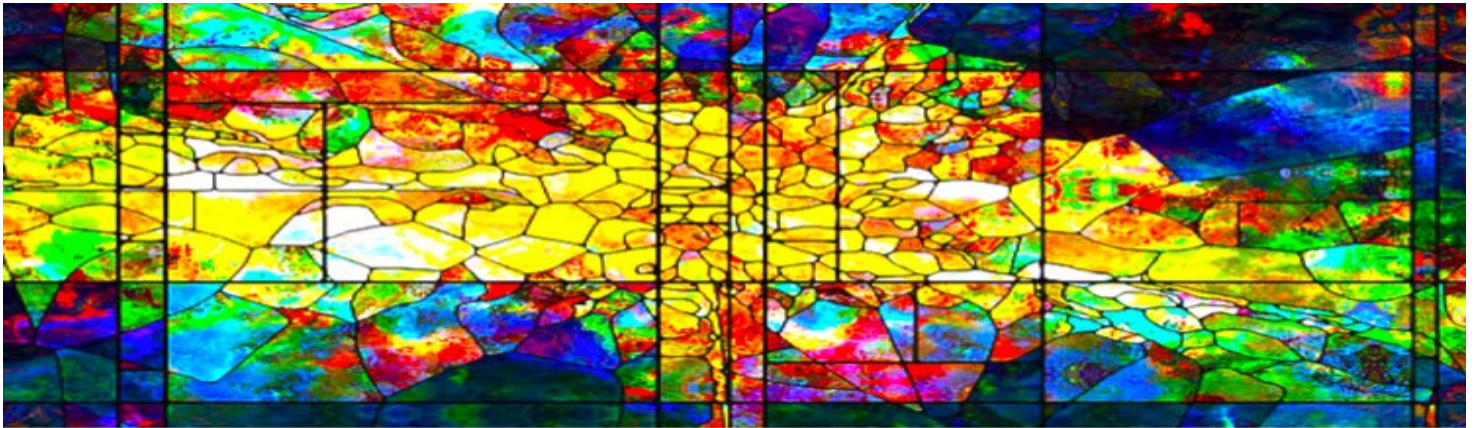




# This Year's Lenten Theme: Living Presence

**Wednesdays in Lent (March 1 — March 22) 6-6:50 pm.**

**Each Wednesday in Lent** (springtime/slow down), we will gather, collaborate, meditate, sing, move... all with the theme of Living Presence. We will be guided in part by a little book of meditations by Thich Nhat Hanh: *How to Love*.



arts on lafond & Zion Lutheran Church

Darkness into light  
light into many colors

Gather in silence, beautiful visuals and gentle sound for a mid-week pause.

We offer a quiet space for reflection, meditation and contemplation. Music and stained glass visuals in a darkened space. This is not a performance, but rather a space where you can be in stillness; guided by silence and gentle sound.

Feel free to come and leave as you wish.

**Wednesday 6-8pm**

**March 29, 2023**

Zion Lutheran Church  
1697 Lafond Avenue  
St. Paul, MN 55104

Contributions welcomed to support the work of artists in our neighborhood.

To donate online: [www.zlcmidway.org](http://www.zlcmidway.org)

Would you like to receive periodic emails from Arts on Lafond? Send your email to [artsonlafond@gmail.com](mailto:artsonlafond@gmail.com) to get on our list!

**Arts on Lafond**  
1697 Lafond Avenue  
St. Paul, MN 55104  
[artsonlafond@gmail.com](mailto:artsonlafond@gmail.com)  
[facebook.com/artsonlafond](https://facebook.com/artsonlafond)



# Lent

QYCOZYRESURRECTIONAIDQQO  
NZVFGRERBWEMOLOHTRABBWJP  
HUHLSMEIWFBGRTRBNAMMFAVS  
VCRIRBSFLKQEXTHOMASDMEJA  
RZMJTJAVLJTKRSVRYREARET  
SORDEPRVLELWIIIXMAOSSDLRU  
NGJHZOKFPLCCWDIDLSTECPPB  
RJSATSLIYUITIRSPOEEDRDMP  
OSUDMEVXQAESLRENRRZKOWDW  
MGNDNEYQNCCEUHOQTKNJSEOO  
AVPTAASTGISHBFYSKZLXSJQW  
NZXHRSUSPATMAWSENOTSXVMY  
SHRPIHHLOYPLUOVHALLELUIA  
OVFMILEBDNPNNMQTZMARTHAJ  
LOVYPSINIHOOOGCMHAJAMAOI  
DVMHUVUPAPPFRIUNAAEDLHLT  
IKJJGACEVFRAZGNPFRDZNIJ  
ETRLMDURCIKLRENUKXYDGLVP  
ROUAXSMBSCCKCXABIMCMREFOZ  
GKGUMDYMYXZPVZDEPMRJDUJS  
EIZNQYLKEEWYLOHEDEOHHDSA  
VAJZXAWBDKPFTMSWYEECJHVI  
LVJIPFMWEHTTAMRZNWEWEFCX  
LNV TJCYJPUGILYADIRFDOOG

Halleluia	Judas	Simon	Thaddeus
James son of Alphaeus	Thomas	Bartholomew	Philip
Peter	James son of Zebedee	John	Luke
Mark	Matthew	parade	Good Friday
Lord	Resurrection	Stones	Reflect
Communion	Holy Week	Palms	Maundy Thursday
Pray	tree	cross	weeping
Roman soldier	Martha	Mary	Disciples
Lent	Easter		