



# ZION VISITOR MAY 2025

E-mail address: [zionlc.midway@gmail.com](mailto:zionlc.midway@gmail.com)

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**“Called by God’s grace to celebrate and share  
the love of God in our neighborhood.”**

**—Zion’s Mission Statement**



**ZION LUTHERAN CHURCH**

**1697 LAFOND AVE**

**ST PAUL MN 55104**

Scarcity is a real problem that haunts us all.

There are two related kinds of scarcity. First, there is actual scarcity: not having enough of the basic necessities we need to live well, or even to survive. This is reality for far too many people.

The second kind of scarcity is the one that can take over the imagination: the fear of scarcity. This fear can flourish even in people who have more than enough to meet basic needs, and even to pursue every desire. This fear is spiritual poverty and is highly possessive. It increases actual scarcity for neighbors in need.



This second kind of scarcity, and its contribution to the first, are an often overlooked theme in Yeshua's teaching, especially according to the Gospel of John.

If you are familiar with its stories, you recall that Yeshua's first "sign" was to turn water into wine at a wedding where the wine had run out. He then tells a woman at a well that "Everyone who drinks this water will thirst again, but the water I give flows from the heart and is eternal life." Then a crowd of 5000 gathers to hear him teach and there is not enough food to feed them, so he takes five loaves and two fish and feeds them all, with left-overs. He heals sick people and raises people back up from death.

You get the picture. Abundance in the face of scarcity. All the while he is assuring his followers that they too can do these things; that he is not uniquely able.

In the exact middle of this Gospel (10.10) Yeshua declares his mission quite plainly: "I have come that you might have life, and have it more abundantly."

However one understands these stories, what is unmistakable is that they present a teaching directly opposed to our tendency to fear scarcity (to be scared of scarcity--yes, they are words from the same root), and so to close our hearts to our neighbors in need--because we fear not having enough ourselves. It should be obvious that this is both a personal and political (how we organize together) issue.

In the closing chapters of this masterpiece called Gospel According to John, Yeshua appears to his disheartened and despairing disciples after his death. They are fishing and catching nothing. He calls to them from the shore to try their net on the "other side of the boat." It comes up full of fish.

Later, on shore, they eat breakfast of loaves and fishes. Then Yeshua asks Peter if he loves him. Peter had denied knowing Yeshua three times the night he was arrested. Peter says "yes," but uses a less strong word for "love" than Yeshua asked the question with (*agape*--love without conditions vs. *phileo*--love of friendship and family). Yeshua responds: "Feed my sheep." Yeshua asks again. Same response. The third time, Yeshua asks using the less strong word for "love." Peter weeps, and says yes.

It was the best Peter could do. He was suffering guilt for having not stood with his friend--after he had proclaimed that he would "die with him rather than ever deny him."

This then, is the deepest abundance of the heart. To love without condition, even those whose love is limited, who have failed us personally and purposely. And, on the other hand, to accept and forgive ourselves for our own failures to love--and to have given in to being "scared of scarcity."

Forgiveness is divine.

John Marboe



**Sunday services will continue in-person and via Zoom: 10:00 a.m.  
Any with health concerns please stay home and join us on Zoom.**

30. Allein zu dir Herr Gott

**Third Sunday Bach Chorales**

We're bringing back an opportunity to sing J.S. Bach once a month at Zion!

~ a 4 part Bach chorale to be sung on the third Sunday of the month.

We will send the music, including audio files of each voice part and the entire chorale to anyone interested in joining us. We will also be available to go over parts after the second Sunday service.

As part of the service on the third Sunday, Tom and I will play and sing the parts, so there will always be at least one "voice" accurately singing each part. You can sing around the piano, or from the pews!

More information to come. If interested, please contact Mira in person, or [miratomkehoe@gmail.com](mailto:miratomkehoe@gmail.com). Our first Bach Chorale Sunday will be January 19, 2025. Everyone is welcome to participate!



**First Sunday of each month:  
May 4th.**

**Coffee Fellowship**

*Recordings of our Sunday worship services are available on-line.*

**Zion's website: [www.zlcmidway.org](http://www.zlcmidway.org)**

**Donation Options:**

- Mail-in to church: (Zion Lutheran Church, 1697 Lafond Ave., St. Paul, MN 55104)
- In person: during worship; or through the courtyard door mailslot
- Automatic bill pay from your bank using Zion's mailing address
- Donate button on Zion's webpage (3% fee for service)

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# EVERYONE IS WELCOME AT

## ZION'S FOOD AND WELLNESS PROGRAM



On Thursdays, Zion distributes food for our neighbors and friends.

Please come between 1 and 3 p.m. to get your free bag of groceries and a lunch to take home or dine in with us.



Thank you to all who volunteer their time and talents to this program.

*Zion needs volunteers between 10 a.m. to 4 p.m.*

***We Believe Good Food Brings Us Together.***

### Enneagram

Each week Zion offers a small group experience to explore the transformative possibilities of the Enneagram. The Enneagram is a method to explore one's own unique personality in relationship to others and to life itself. The basic idea is to reflect on our lives in light of nine ("ennea" in Greek) personality types (with infinite variations of course), as a lens to understand ourselves better and to grow. We meet via Zoom using the same meeting ID as our Sunday gatherings. Feel free to ask Pastor John, Janet Quarn, Phoebe Waugh, or Marlin Osthus for more details.

**Thursdays 11:15 a.m. to 12:15 p.m.**

### Spring clean-up at Zion:

**May 3rd, 9 am to Noon**

**With pot-luck lunch to follow.**



**Meet at 1 pm in Zion's Annex on May 19th**

***Devotional***

**"Receiving the Spirit's flame"**



**Spiritual gifts in the life of the church.**

**CHURCH COUNCIL**

**Meeting will be via Zoom**

**6 pm on Tuesday,**

**May 20th**

# Scripture Readings

May 4th — Third Sunday of Easter

Acts 9:1-6 [7-20]

Psalm 30 (11)

Revelation 5:11-14

John 21:1-19

May 11th — Fourth Sunday of Easter

Acts 9:36-43

Psalm 23 (1)

Revelation 7:9-17

John 10:22-30

May 18th — Fifth Sunday of Easter

Acts 11:1-18

Psalm 148 (13)

Revelation 21:1-6

John 13:31-35

May 25th — Sixth Sunday of Easter

Acts 16:9-15

Psalm 67 (4)

Revelation 21:10, 22—22:5

John 14:23-29 John 5:1-9 {alternate}



May 1st — Pastor John Marboe

May 5th — Stephen Borden

May 5th — Ross Jacobsen

May 11th — Ginger Baumgart

May 28th — Marlin Osthus



## APRIL'S FINANCIALS

Income: \$9,005.55

Bills paid: \$8,105.58

**FINANCIAL  
REPORT**

Thank you to all of Zion's family and friends. You continue to support Zion with your generous financial gifts. In addition to regular giving, this month we received \$11,000.00 toward our accessibility fund.

Blessings,  
Janet Quarn, Treasurer

**Love is not something that you  
do for yourself, it's what you do  
to serve others.**





**"Pay what you want/can"**  
**All are welcome!**

## **Zion Community Commons**

1697 Lafond Avenue  
St. Paul, MN 55104

*Contributions support Zion Community Commons Food Justice Initiatives.*

**Every Tuesday**  
**Weekly Community Dinners**  
**11 a.m. — 8 p.m.**

Vegan, gluten-free, nut-free, corn-free

***Dine in or take out!***  
*Bringing your own containers is  
always encouraged.*

**WEEKLY EACH  
THURSDAY:**  
Open Market/Vegan  
Meal from 5 — 8 p.m.  
Meals and groceries  
offered in goodwill to all.

### **Preorder instructions:**

- Send an email to [eurekacompassveganfood@gmail.com](mailto:eurekacompassveganfood@gmail.com)
- Include a window of time for pick up and number of meals.
- Cash contributions accepted at time of pick up.
- Credit card? Just let us know the amount of your contribution; we'll email you an invoice prior to the date. Pay electronically through a prompt in the email.
- Walk-ins welcomed! (It's always best to preorder.)



<https://eurekacompassveganfood.com/community-dinner>

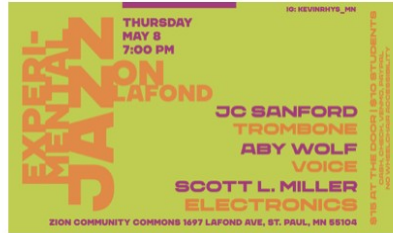




# arts on lafond

# May Events 2025

Zion Community Commons  
1697 Lafond Ave, St. Paul, MN 55104



## Experimental Jazz on Lafond

7pm Thursday, May 8  
All Ages \$15 at the door

## Classical Guitar Series

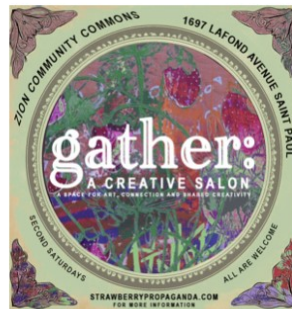
### Guitar Studio SOM recital

4pm Sunday, May 4

Solo guitar, guitar quartet, guitar/voice  
\$10 suggested donation



Liam DePauw, Lukas Murdych, Sara D'Ippolitto  
Alvaro Henrique, Owen McGreevy, Thom Gund,  
Kris Li, Momo Aleksandrić



**gather: A CREATIVE SALON**  
10:30am - 1pm Saturday, May 10

~ creativity, connection, discussion  
& making magic



## Vanguard New Music Series

7pm Thursday, May 15  
*The Four Crazies with Tim O'Keefe*  
All Ages \$15 at the door

### Álvaro Henrique

4pm Sunday, May 18

Guitarists from Brasília  
\$15-20 suggested donation



### **Pork Soda Trio**

BLUEGRASS, OLD TIME & JAZZ

Thursday, May 22  
5 - 8pm

Suggested donation: \$15-20

A portion of your donation  
supports Arts on Lafond  
to host events for the community.

### **What Are You Reading?**

~ a weekly discussion group  
Every Tuesday, 6 - 7pm



### Songlyph

7pm Friday, May 23  
All Ages \$15 suggested donation



**Walk in Solidarity 6:30pm with Marc Anderson Thursday, May 29**  
**sound bath meditation 8 - 9pm**  
a powerful sound immersion experience  
suggested donation: \$15 cash or  
Paypal @urbanmonkproject

### Arts on Lafond facebook

\* No wheelchair accessibility.

Interested in hosting community meetings, gatherings, events, etc. in our space?  
Contact John Marboe or Mira Kehoe at [artsonlafond@gmail.com](mailto:artsonlafond@gmail.com)

Thank you for your generous support!  
[Donations to Arts on Lafond:](#)



# arts on lafond *Classical Guitar Series* Sundays 4pm



**May 4 Alvaro Henrique**  
*from Brasilia, Brazil*  
**Brazilian composers for guitar**  
<https://alvarohenrique.com/en/homepage/>  
Suggested donation: \$15-20



**May 18 Guitar studio SOM recital**  
*Repertoire for solo guitar, guitar quartet, and original songs for guitar/voice*  
Liam DePauw, Lukas Murdych, Sara D'Ippolitto, Alvaro Henrique, Owen McGreevy,  
Thom Gund, Kris Li, Momo Aleksandrić Suggested donation: \$10

**June 1 MM guitar duo with Ben Kunkel**  
*Around the World with Guitar ~ pieces by East European composers, Brazilian, Latin-American and more! Classical guitar: solo, duo and trio.*  
Suggested donation: \$15-20 <https://www.milenapetkovic.com/>



**June 15 Balkan Mozaic!** Maja Radovanlija, guitar; Rada Kolarova, voice;  
Sarah Jagoda Larsson, voice; Colleen Bertsch, violin. <https://www.milavocalensemble.org/singers>  
<https://mnjewishartists.org/artist/sbdlarsson/> <https://colleenbertsch.com/> Suggested donation: \$15-20



To donate online: *Arts on Lafond*  
<https://secure.myvanco.com/L-Z8XC/home>

**Arts on Lafond**  
1697 Lafond Avenue  
St. Paul, MN 55104





[artsonlafond@gmail.com](mailto:artsonlafond@gmail.com)  
[facebook.com/artsonlafond](https://facebook.com/artsonlafond)

\* No wheelchair accessibility.





# 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 11:15 a.m. Enneagram via Zoom 1-3 p.m. — Food and Wellness Program 5-8 pm — Open Market & Vegan Meal	2	3 <b>9 am-Noon</b>  <b>And Pot-luck</b>
4 10:00 am Zion's Worship & on Zoom Fellowship time after Worship 11:30 am -2 pm— Unique 7000 Worship 4-6 pm: Guitar Studio SOM recital	5	6 9:30 a.m. — Quilting 11 am-8pm— Vegan Community Meal 6-7 pm — What Are You Reading?	7	8 11:15 a.m. Enneagram via Zoom 1-3 p.m. — Food and Wellness Program 5-8 pm — Open Market & Vegan Meal 7 pm — Experimental Jazz on Lafond	9	10 10:30 am- 1 pm— gather: A Creative Salon
11  10:00 am Zion's Worship & on Zoom 11:30 am -2 pm— Unique 7000 Worship	12	13 9:30 a.m. — Quilting 11 am-8pm— Vegan Community Meal 6-7 pm — What Are You Reading?	14	15 11:15 a.m. Enneagram via Zoom 1-3 p.m. — Food and Wellness Program 5-8 pm — Open Market & Vegan Meal 7 pm — Vanguard New Music Series	16	17
18 10:00 am Zion's Worship & on Zoom 11:30 am -2 pm— Unique 7000 Worship 4 pm — Alvaro Henrique Guitarists from Brasilia	19 1pm — Circle Bible Study	20 9:30 a.m. — Quilting 11 am-8pm— Vegan Community Meal 6-7 pm — Zion's Council meeting 6-7 pm — What Are You Reading?	21	22 11:15 a.m. Enneagram via Zoom 1-3 p.m. — Food and Wellness Program 5-8 pm — Open Market & Vegan Meal 5-8 pm — Pork Soda Trio: Bluegrass, Old Time & jazz	23 7 pm — Sonoglyph performance	24
25 10:00 am Zion's Worship & on Zoom 11:30 am -2 pm— Unique 7000 Worship	26  	27 9:30 a.m. — Quilting 11 am-8pm— Vegan Community Meal 6-7 pm — What Are You Reading?	28	29 11:15 a.m. Enneagram via Zoom 1-3 p.m. — Food and Wellness Program 5-8 pm — Open Market & Vegan Meal 6:30 pm — Walk in Solidarity with Marc Anderson	30	31

