



September ZION VISITOR 2026

E-mail address: zionlc.midway@gmail.com

website: www.zlcmidway.org

Facebook page: Zion Lutheran

Phone number: 651-645-0851

**“Called by God’s grace to celebrate and share
the love of God in our neighborhood.”**

—Zion’s Mission Statement



ZION LUTHERAN CHURCH

1697 LAFOND AVE

ST PAUL MN 55104

The geopolitical backdrop for the Gospel stories concerning Jesus is the Roman Empire. It's pervasive presence needs to be held in mind for any deep reading of these narratives; their context and message.

Stay with me on this. It is not an arcane point.

The framers of the United States Constitution were very aware of the history of Rome. They obviously borrowed heavily from the institutions and principles of the Roman Republic, yet they also worried about what happened to that Republic under Julius Caesar, and then Caesar Augustus. Namely, that it effectively became a kingdom; an empire; or, to use our founders' word: tyranny.

Therefore they added checks and balances to power with the three branches, for example, and the First Amendment to establish freedom of speech.

What has any of this to do with the Gospel concerning Jesus the Christ (Christ is the same word as Messiah in a different language, and means 'anointed' and was commonly understood to apply to kings)? Only everything.

Luke's Gospel begins by pointing out that Jesus' birth occurred during the reign of Caesar Augustus. Who had shrewdly and methodically amassed power to himself and away from the Senate, which had formerly been the seat of supreme authority in the Republic.

It was Augustus who made Rome into a *real* kingdom. And not just a kingdom, but a kingdom *of heaven* and a kingdom of God. For stamped on Roman money--the coin of the realm--was his own image with the inscription: Divine Son of God (Divi Filius).

We cannot understand terms like "Son of God," "Anointed One," or "Kingdom of God," that are applied to Jesus in the Gospels without this backdrop.

For they are terms of resistance. Of subversive protest. They are revolutionary. But not in the way of violent opposition. Rather, by way of illumination and transformation. The way of the heart.

There were violent revolutionaries among Jesus' followers. They wanted to "call down fire" on adversaries. They wanted to take him by force and "make him king." But he declined.

The stories say he was sorely tempted to gain power for his "kingdom." That he was tempted on a mountain top; shown all "the kingdoms of the earth" and told they could be his. One catch: he must sell his soul to satan. He refused.

In a section of Matthew (16), Peter declares that Jesus is "the messiah (anointed one)". Jesus says this is a divine insight, but should not be spoken of. Then Jesus declares he must suffer and die at the hands of Roman power. Peter objects, understandably. "This must never happen to you!"

Jesus recognizes in his words the same temptation as that of being offered kingdoms; real power. As self-serving. As satanic. As the way the seduction of power and control works...

It should strike us the same way whenever we see examples of the lust for power and control over others. Whenever we see people clearly amassing power unto themselves or desperately hanging on to it (no matter what the justification). And especially whenever we hear Jesus' name invoked to bless power and control.

For the "kingship" and the "kingdom of God" of which Jesus spoke, and to which he adhered, belongs to children. It favors the poor. It welcomes the stranger. It lifts up the lowly. It heals and repairs and feeds and clothes and does not forget those in prison.

It is, in short, the opposite of worldly power and control. And according to Jesus, worth even dying for--in order not to lose one's (or our collective) soul. But, rather, to truly live.

P. S. The word "republic" literally means "matter of the people."



John Marboe





Sunday services will continue in-person and via Zoom at 10 a.m.

Any with health concerns please stay home and join us on Zoom.

**First Sunday of each month:
September 6th — Coffee fellowship**



Third Sunday Bach Chorales

An opportunity to sing J.S. Bach once a month at Zion!
~ a 4 part Bach chorale to be sung on the third Sunday of each month.

We will send the music, including audio files of the chorale and individual voice parts to anyone interested in joining us. Paper copies are available at Zion. We will also be available to go over parts after the second Sunday service (11:10am).

As part of the service on the third Sunday, Tom and I will play and sing the parts, so there will always be at least one "voice" accurately singing each part. You can sing around the piano, or from the pews!

If interested, please contact Mira in person, or miratomkehoe@gmail.com. Everyone is welcome to participate!

Recordings of our Sunday worship services are available on-line. Zion's website: www.zlcmidway.org

Donation Options:

- Mail-in to church: (Zion Lutheran Church, 1697 Lafond Ave., St. Paul, MN 55104)
- In person: during worship; or through the courtyard door mailslot
- Automatic bill pay from your bank or investment using Zion's mailing address
- Donate button on Zion's webpage (3% fee for credit card service)



Scripture Readings

September 6th – Fifteenth Sunday after Pentecost

Ezekiel 33:7-11

Psalms 119:33-40 (35)

Romans 13:8-14

Matthew 18:15-20

September 13th– Sixteenth Sunday after Pentecost

Genesis 50:15-21

Psalms 103:[1-7] 8-13 (8)

Romans 14:1-12

Matthew 18:21-35

September 20th – Seventeenth Sunday after Pentecost

Jonah 3:10—4:11

Psalms 145:1-8 (8)

Philippians 1:21-30

Matthew 20:1-16

September 27th – Eighteenth Sunday after Pentecost

Ezekiel 18:1-4, 25-32

Psalms 25:1-9 (6)

Philippians 2:1-13

Matthew 21:23-32



September 1st — Judy Miranda

September 9th — Colin Skaggs

September 10th — Joan Nichols

September 11th — Marjorie Ullerich

September 14th — Linda Winter

September 15th — Tom Rice

September 21st — Debbie Pelton

September 23rd — Janet Quarn

September 28th — Karl Mueller

Meeting will be via Zoom

6 pm on Tuesday,

September 22nd

**CHURCH
COUNCIL**

Donations: \$13,322.00

Bills paid: \$12,908.22

**FINANCIAL
REPORT**

Hope all have had a good summer. Fall is upon us. We are beginning to plan for a budget for 2027 as well as continuing to see our accessibility project move significantly forward. We recently received a \$20,000.00 donation from a benefactor who has supported that effort in the past. Thank you all for your gifts of time, talent and treasures.

Janet Quarn, Treasurer

Enneagram

Each week Zion offers a small group experience to explore the transformative possibilities of the Enneagram. The Enneagram is a method to explore one's own unique personality in relationship to others and to life itself. The basic idea is to reflect on our lives in light of nine ("ennea" in Greek) personality types (with infinite variations of course), as a lens to understand ourselves better and to grow. We meet via Zoom using the same meeting ID as our Sunday gatherings. Feel free to ask Pastor John, Janet Quarn, Phoebe Waugh, or Marlin Osthus for more details.



Thursdays 11:15 a.m. to 12:15 p.m.

ALL ARE WELCOME!



Zion Lutheran Church
Zion Community Commons
1697 Lafond Avenue
St. Paul, MN 55104

Thursday Food & Wellness Program

Zion Market with a hot lunch

1—3 p.m.

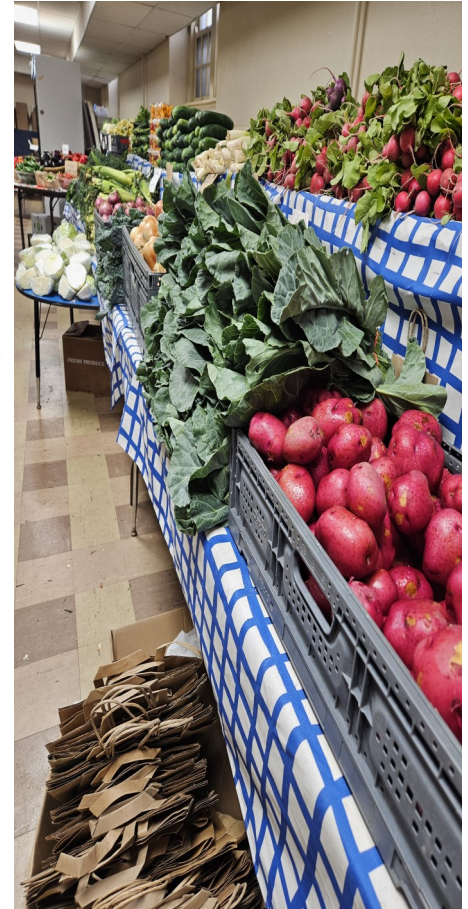
Every Thursday

Except holidays

**Zion
Community Meal**

5 - 8 pm

Every Tuesday & Thursday
except holidays



We feed us!

How to contribute to our community of sustainability and mutual aid:

- Cash donations
- Checks to Zion Lutheran Church - food and wellness

- QR code to Zion Food and Wellness via Vanco
<https://secure.myvanco.com/L-Z8XC/campaign/C-13EE0>



- QR code to Zion Lutheran Church via PayPal



- QR code to Zion Lutheran Church via VENMO

Zion Lutheran Church
@zionlcmidway



venmo

Scan this code to pay



EXPERI-
MENTAL
JAZZ
ON
LAFOND

IG: KEVINRHS_MN



THURSDAY, SEPT. 10
7:00 PM

ARTS ON LAFOND
1697 LAFOND AVE.
ST. PAUL, MN 55104

NATHAN HANSON'S ROPE LADDER

NATHAN HANSON **SAX**
ERIK FRATZKE **GUITAR**
JEREMY YLVISAKER **GUITAR**
JOSH GRANOWSKI **BASS**

\$15 AT THE DOOR | \$10 STUDENTS | CASH, CHECK, VENMO, PAYPAL
NO WHEELCHAIR ACCESSIBILITY



Sound Bath

with Julie Lentz

Monday, September 14
6:30 - 7:45pm

A sound bath is a healing practice where the practitioner guides the participants into an experience of relaxation, allowing the healing sounds of the instruments to bathe them. This can encourage deep relaxation and allows a person to release physical, mental, and emotional tensions while experiencing a calm state. Receiving vibrations can support balance and healing at the cellular level. Wear comfortable clothes, and bring yoga mats and blankets if desired. There will be some mats available.

Vanguard New Music Series

Thursday
September 17
2026

7:00 PM

Arts on Lafond
1697 Lafond Ave.
Saint Paul, MN 55104

Tickets \$20
www.renegadeensemble.com/performances

This venue is *not* wheelchair-accessible.

LEMONBRASS

Mary Beth Stevens
Isaac Mayhew
Beth Trizna
Dan Schultz
Ross Fugl

new music by
Minnesotan composers
for brass instruments



Presented by
RenegadeEnsemble

Peaceful Flow Reiki and Sound Studio MN

Julie Lentz is a Reiki Master and certified as a
Sound and Vibrational Practitioner.

Suggested donation: \$15 - 20

<https://peacefulflow-reiki.com/>
easeexp@gmail.com

Arts on Lafond
Zion Community Commons
1697 Lafond Avenue
St. Paul, MN 55104

<https://www.facebook.com/artsonlafond/>
artsonlafond@gmail.com





arts on lafond

Fall Festival

Xibaba quintet

Brazilian ~ world ~ jazz

2 - 4pm

Saturday, September 19

All are welcome

Zion Community Commons

1697 Lafond Avenue
St. Paul, MN 55104

Outdoors in the courtyard
(Inside if raining)

Xibaba Quintet

Tom Kehoe keys ~ Kevin Daley guitar
John Croarkin flute, sax
Mira Kehoe vocals, bass ~ Bill Paul drums

<https://miratomkehoe.com/>

Food & Beverages

watermelon, cookies, lemonade & more!

Thank you for your generous support!
All donations benefit **Arts on Lafond**.



Xibaba

Brazilian ~ World ~ Jazz

Mira & Tom Kehoe

www.miratomkehoe.com

<https://www.facebook.com/artsonlafond/>

Interested in hosting community meetings,
gatherings, events, etc. in our space?

Contact John Marboe or Mira Kehoe
at artsonlafond@gmail.com



arts on lafond

Zion Community Commons
1697 Lafond Ave, St. Paul, MN 55104

Guitar Series

5:30 pm

Sunday, September 20, 2026

Duo CORDA

Pavel Jany, guitar and Jacqueline Ultan, cello
a blend of international music styles, jazz & classical music



Duo CORDA

Jacqueline Ultan is a singularly creative cellist and composer. Also a dedicated teacher, Ultan is on the faculty of MacPhail's Center for Music and holds a Master's Degree in Performance from Yale University. In demand locally and nationally, Ultan has recorded and collaborated extensively with many theater, pop, jazz, rock and new music artists.

Pavel Jany is a contemporary jazz guitarist and composer whose long musical journey encompasses many various styles. Pavel has founded several international jazz projects on the Twin Cities' music scene, including Brazilian jazz ensemble "Ticket To Brasil", acoustic jazz trio "Talking Strings", and jazz fusion group "Global Jazz Collegium."

Suggested donation: \$15-20

Duo CORDA

Website:
duocorda.com

Facebook:

<https://www.facebook.com/p/Duo-CORDA-61551505825498/>

YouTube link:

https://youtu.be/h_NrSgJSrOM?si=hd6SE-H1IMVn-cV

The 2026-27 Guitar series is curated by Dr. Maja Radovanlija and sponsored in part by the Augustine Foundation.



To donate online: Arts on Lafond <https://secure.myvanco.com/L-Z8XC/home>

Interested in hosting community meetings, gatherings or events in our space?
Contact: artsonlafond@gmail.com



Arts on Lafond
1697 Lafond Avenue
St. Paul, MN 55104
facebook.com/artsonlafond

* No wheelchair accessibility.



sound bath meditation

a powerful sound immersion experience

Tuesday 7pm

September 22, 2026

An immersive experience combining the sounds of crystal singing bowls, gongs, hand drums and subtle drones in which the listener is "bathed" in waves of soft tones, shifting textures and gentle rhythms. Marc Anderson, a musician and meditation teacher experienced in trance related music/healing traditions, creates unique, powerful, well-crafted sessions that restore, relax and transform. Wear comfortable clothes, and bring yoga mats and blankets if desired. There will be some mats available.

Urban Monk Project / Marc Anderson

The Urban Monk Project is a non-profit organization dedicated to re-imagining the narratives and structures we use to wake up to our original nature and unbounded freedom.

Suggested donation: \$15 - 20 cash or
Paypal @urbanmonkproject

<https://www.marcanderson.org/sound-baths>

Arts on Lafond
Zion Community Commons
1697 Lafond Avenue
St. Paul, MN 55104

<https://www.facebook.com/artsonlafond/>
artsonlafond@gmail.com





Sunday	Monday	Tuesday	Wednes-	Thursday	Friday	Saturday
		1 5—8 pm — Community Meal & Market	2	3 11:15 am — Enneagram via Zoom 1-3 pm — Food & Wellness Program 5-8 pm— Community Meal & Market	4	5
6 10:00 am— Zion's Worship & on Zoom Fellowship time after service	7 	8 5—8 pm — Community Meal & Market	9	10 11:15 am — Enneagram via Zoom 1-3 pm — Food & Wellness Program 5-8 pm— Community Meal & Market 7 pm — <i>Experimental Jazz</i>	11	12
13 10:00 am— Zion's Worship & on Zoom	14 6:30-7:45 pm <i>Soundbath with Julie Lentz</i>	15 5—8 pm — Community Meal & Market	16	17 11:15 am — Enneagram via Zoom 1-3 pm — Food & Wellness Program 5-8 pm— Community Meal & Market 7 pm— <i>Vanguard Lemonbrass</i>	18	19 2-4 pm — <i>Fall Festival with Xibaba</i>
20 10:00 am— Zion's Worship & on Zoom 5:30 pm — <i>Guitar Duo COR- DA</i>	21	22 <i>Fall Begins</i>  5—8 pm — Community Meal & Market 7 pm — <i>Soundbath with Marc Anderson</i>	23	24 11:15 am — Enneagram via Zoom 1-3 pm — Food & Wellness Program 5-8 pm— Community Meal & Market	25	26 9:30am—12:30pm— <i>Diamond Approach— Topic: Love of the Truth (Part 1)</i>
27 10:00 am— Zion's Worship & on Zoom	28	29 5—8 pm — Community Meal & Market	30			